


# March



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	1 Clam Chowder Broccoli Dinner Roll Grape Juice	2 Chili Cheese Potato 5-Way Veggie Blend Dinner Roll Apple	3 Greek Chicken Peas & Carrots Brown Rice Applesauce	4
5	6 Cheeseburger Zucchini Fruit Mix	7 Turkey Noodle Casserole Green Beans Pineapple	8 Chicken Corn Chowder French Bread Coleslaw Mandarins	9 Chicken Fried Steak w/Gravy Mashed Potatoes Dinner Roll Apple Juice	10 Honey Baked Chicken  Capri Veggie Blend Brown Rice Pears	11
12	13 Chicken Patty Sandwich 5-Way Veggie Blend Peaches	14 Pasta Alfredo w/Chicken California Blend Garlic Roll Mandarins	15 Bean and Beef Chili Broccoli French Bread Banana	16 Pulled Pork Peas & Carrots Brown Rice Hawaiian Roll Applesauce	17 Chicken & Gravy Dinner Roll Carrot Salad Apple Juice	
19	20 Chili Dog 5-Way Veggie Blend Apple Grape Juice <b>** High Sodium</b>	21 Pasta w/Meat Sauce Zucchini Garlic Roll Pineapple	22 Chicken Rice Pilaf California Blend Fruit Mix	23 Salisbury Steak Mashed Potatoes French Bread Broccoli Salad Pears	24 Tropical Chicken Green Beans Brown Rice Peaches	25
26	27 Cheeseburger Broccoli Banana	28 Chili Mac Dinner Roll Coleslaw Mandarins	29 Chicken Pot Pie Peas & Carrots Applesauce	30 Meatloaf Mashed Potatoes Dinner Roll Apple	31 Sticky Chicken 5-Way Veggie Blend Brown Rice Grape Juice	1

## Senior Nutrition Meals

Served Monday - Friday

From 12:00 - 12:30 PM

Orland

19 Walker St.

Willows

556 E. Sycamore

Suggested Donation \$3.00 per meal -- Please make checks to GCOE Senior Nutrition Meals will be provided whether or not you donate. -- There is no obligation to donate. Donations can be given directly to the delivery driver, or mailed to 19 Walker St, Orland, CA 95963 To cancel or pause service please call the Orland Senior Nutrition Site: (530) 865-1136

\*\*All meals offer an 8oz. Low fat milk.

\*\*Menu is subject to change due to product availability.